Weekly Update Spring C Session May 17 - May 18, 2022

WEBSITE: micl-online.org

Most of our classes will be held via Zoom, and you will receive an email invitation before each class. You will wait in a waiting room until the host lets you into the group. If you do not receive an email invitation, please call Annette Olsen at (916) 215-6967.

FACEBOOK: Enter MICL in search field then at site click on +Join Group.

Tuesday, May 17, 10:00 AM – NOON: INFECTIOUS DISEASES

Coordinator: **Bob Droual**

Infectious diseases touch the lives of everyone on the planet. On a worldwide scale, infectious diseases account for 26 percent of all deaths, second only to cardiovascular diseases. This course gives a comprehensive overview of dis- eases from the mundane to the fatal from renowned physician and award-win- ning professor Dr. Barry Fox. You will see how disease agents invade the body; follow germs through to different body systems and see what effects they have; and learn why we may be losing the battle against some germs.

6. Antibiotics: A Modern Miracle Lost?

Trace the history of antibiotic development and explore how the eight classes of antibiotics attack bacterial infections. Gain an introduction to the increasingly important concern of antibiotic resistance, and learn how you can contribute to the more prudent use of antibiotics.

7. Which Germs in Your Daily Life Matter?

Microbes are all around us - the question is "What do we have to worry about?" From airplanes to restaurants, hotel rooms to your master bathroom, learn how you can protect yourself from germs without becoming totally obsessed with them. Is there any truth to the Five Second Rule? Find out in this lecture.

Tuesday, May 17, 1:00 PM 3:00 PM: SOCIAL HOUR

Coordinators: **Wayne and Diana Sicard**

If you're missing your friends during these days of social distancing, consider joining our MICL social hour. It's fun, and it will lift your spirits more than you might imagine. Time spent talking and hanging out with people will lift your mood! Please join us!

Wednesday, May 18, 10:00 AM – NOON: WHAT IN THE WORLD

Coordinator: **David Froba**

Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? “What in the World” is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help from our collective expertise.

Wednesday, May 18, 1:00 PM - 3:00 PM: WEDNESDAY AT THE MOVIES

Coordinator: **Ron Rutschman**

Godfather I - Part 2

Thursday, June 9 and July 21, 1:00 PM - 3:00 PM: MICL BOOK CLUB

Coordinator: **Carol Sullivan**

“1491 Revelations of the new America before Columbus” by Charles Mann

July 21, 2022

“On Tyranny: Twenty Lessons from the Twentieth Century” by Timothy Snyder

Thursday, August 11, FIELD TRIP: ROARING CAMP

Please click on the separate link following the Weekly Update link for full details.