



The MI CL Letter

August 2019

Fall Session A

Message from our President - Dorothy Winke

Hello fellow MICLEs! This is my first letter to you as the new MICLE President. Thank you for the honor you have bestowed upon me, with your help we anticipate a fabulous year. Please tell me of any suggestions or concerns you have about MICLE and we will see what we can do about them.

MICLE is such a wonderful idea that works because we all pitch in to make it work. Give some thought about presenting a class, or at least an idea for a class. The Curriculum Committee meets the first Wednesday afternoon of each month in the MICLE Office. Everyone is encouraged to attend with your suggestions. The committee works almost a year ahead to be able to present a wide variety of subjects they think will be educational, interesting and fun. They always welcome your input.

Thank you to everyone who made the May Luncheon and General Meeting such a huge success. It was a wonderful party and we were able to try out the new venue of the ACE pavilion. Richard Cato turned over the gavel after a great year as President. Thank you, Richard.

If you missed the Ice Cream Social, you missed a truly fun afternoon. The decorations set the tone for a summer day at the beach, eating scrumptious sundaes, listening to the Fun Strummers Ukulele group and learning about the exciting programs to be presented in the Fall Term.

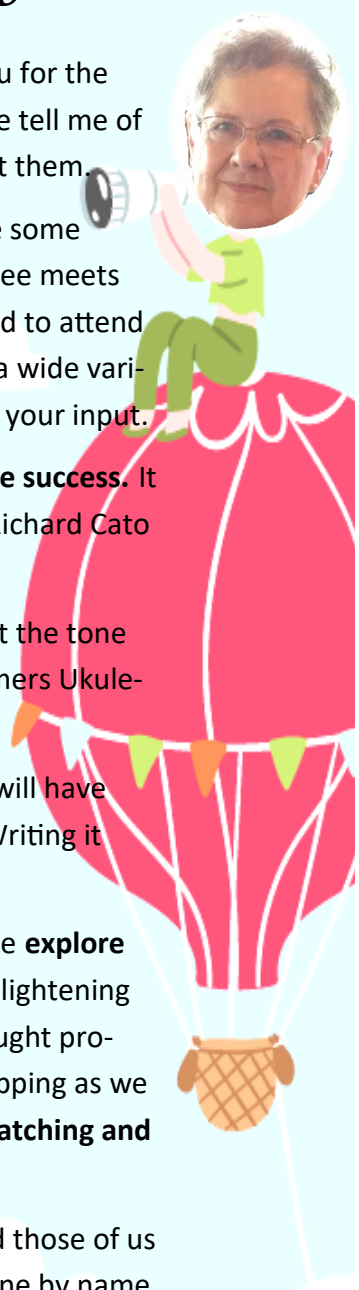
There will be something for everyone to enjoy as we continue to learn. Of course, we will have the usual longtime favorite classes, Young at Heart, Travels Around the World, Bridge, Writing it Down, What in the World and Friday at the Movies.

During A Session we will learn more about the early civilizations of Central America as we **explore the Aztec Empire**. The **Mysteries of Human Evolution** promises to be an exciting and enlightening class. With the election coming up soon, **Political Polling** should be informative and thought provoking. And last, but certainly not least, a class on **Folk Music** will have all of our toes tapping as we sing or at least hum along. The trips planned are equally exciting as we will be **Whale Watching and visiting the Crocker Art Museum**.

Be sure to wear your name tag, it really helps the new members learn who you are, and those of us who have "senior moments" to greet you by name. It is one of my goals to know everyone by name before the term is over, and I will need all the help I can get!!

Remember, **"With Learning, The Sky's the Limit"** and as we all know, the sky is limitless.

Dorothy



Diedre Bush



FIELD TRIPS

**Join Diedre on a Field Trip to
the Crocker Art Museum Friday Sept 27th.**

MORE DETAILS ON PAGE 7

**SESSION A Classes:
August 26
thru Sept 27**

SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 to 9:30 AM		 Young at Heart & Qi Gong		 Young at Heart & Qi Gong	
10 am to NOON	 Travels Around the World	 Anthropology: Mysteries of Human Evolution	 Political Polling	 What in the World?	 Friday at the Movies
1 pm to 3 pm	 The Aztec Empire	 Bridge	 Writing It Down!	 Folk Music	

2018-2019 BOARD OF DIRECTORS

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**CLASSES ARE HELD
IN THE EL CAPITAN CENTER BUILDING
MONDAY THROUGH FRIDAY
DURING FALL & SPRING SEMESTERS
Summer Session No Mondays or Fridays
LOCATED ON THE WEST CAMPUS OF
MODESTO JUNIOR COLLEGE**

Richard Cato	Immediate Past President
Rita Perez	MJC Community Ed Specialist
MJC Community Education	209-575-6063
MJC West Campus address	2201 Blue Gum Avenue Modesto, CA 95358
George Pettygrove	Founder

MICLetter produced by Dorothy Ford and Susan Filice

MONDAY

TUESDAY

10:00 AM TO 12:00 NOON

Coordinator:
Robin Martin



TRAVELS AROUND THE WORLD: Let yourself experience the travel delights and of members and selected guests on their journeys by car, foot, RV, rail, ferry, river boat, ocean liner, airplane, etc. Whether you are a fearless explorer or an arm-chair traveler, join us in a cozy classroom setting to experience vicariously their wondrous tales and adventures. Expand your horizons and brush up on world geography. Questions and comments are encouraged.

- 08/26 Theresa Peterson –Biking 5000 miles across America
- 09/02 Labor Day – **No Class**
- 09/09 Sophie Nemeth - Dubai
- 09/16 Leonard & Cecilia Olives: Vietnam, Laos, Cambodia and Thailand
- 09/23 Rita Liebelt – Cincinnati - Noah’s Arc and second hour Iceland

Coordinator:
Judy Spencer



12:00 NOON TO 1:00 PM **BREAK**

1:00 PM TO 3:00 PM

Coordinator:
Betty Boj-
Sode



THE AZTEC EMPIRE During the early 16th Century, the period of First Contact between European, mainly Spanish, and Mesoamerican cultures, the Aztec Empire controlled most of today’s Mexico and much of adjoining Central American countries. In this course, we learn about the Aztec’s unlikely combination of refined appreciation for such fine arts as impressive architecture, elaborate murals, complex sculpture and ceramics, poetry, music, dance and oratory, together with an intense devotion to frequent bloody religious rituals, so important to the Aztecs that they went to war solely to capture – not kill – their opponent’s warriors to have abundant supplies of worthy victims for these gory public performances.

- 08/26 Aztec Origins – Arrival and Rise of the Aztecs; The Toltecs – Role Model or Myth
- 09/02 Labor Day – **No Class**
- 09/09 The Aztec Capital of Tenochtitlan - Life in the Aztec World
- 09/16 How the Aztecs Expanded Their Empire- First Contact with Europe in Mesoamerica
- 09/23 The Siege of Tenochtitlan - Illuminating Works of Aztec Art

8:30 AM TO 9:30 AM

Coordinators: Rudy Serrato & Vickie Morales

YOUNG AT HEART: A strength-training program designed specifically for older adults followed by Qigong. You may sit or stand, depending on your physical ability. Program follows the guidelines of the Presidential Fitness Award.

10:00 AM TO 12:00 NOON

Coordinator:
Debra Bolter, PhD



MYSTERIES OF HUMAN EVOLUTION: This is a 5-part lecture series presented by MJC and Stan State faculty members. Africa— home of our earliest fossil ancestors, from well-known members like “Lucy” and her fellow australopiths in East Africa, to more human-looking *Homo erectus* and Neanderthals, up through recently discovered *Homo naledi*, who overlapped in South Africa with our species, *Homo sapiens*. How do anthropologists reconstruct their behaviors and adaptations? Join us for a discussion of ancient savanna landscapes, fossil recovery, application of forensic techniques, analyses of ancient DNA, and teasing out the origins of cultural behaviors from the archaeological record. Class activities will include hands-on examination of fossil replicas.

- 08/27 Debra Bolter, PhD – Introducing Human Evolution: 5-2 million years ago in Africa
- 09/03 Debra Bolter, PhD – Homo erectus and beyond: Asia and Europe Expansion
- 09/10 Susan Kerr, PhD – Who Were the Neanderthals?
- 09/17 Sari Miller-Antonio, PhD – Out of China’s Earth: Ritual, Sacrifice & Social Identity in Shang Dynasty Burials
- 09/24 Prof Bobby Hutchison –Evolution, Disease & You: What Everyone Needs to know about Natural Selection & Health

12:00 NOON TO 1:00 PM **BREAK**

1:00 PM TO 3:00 PM

Coordinator:
Ron Rutschman



BRIDGE: As always, this class serves both experienced players and members who have never played bridge and want to learn something new. This is a game that will keep your mind young and offer the opportunity for you to make new friends!

Coordinator:
Wayne Edington



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10:00 AM TO 12:00 NOON

Coordinator:
Larry Giventer,
PhD



POLITICAL POLLING: What do you think? Every day we hear about a public opinion poll supposedly measuring our views about public policy or a political candidate. In this class we will explore the good, the bad, and the ugly of polling – particularly in a political environment – and address many questions, including: What is polling? Why is it important? How does it work? Is it meaningful? Is it valid? and What is its role in establishing public policy?

- 08/28 The Nature of Public Opinion: A poll, a survey, a census ...what's the difference?
- 09/04 Measuring Public Opinion: Population and sample; random sampling; Sample size, margin of error; and confidence level.
- 09/11 Question types and wording: Fairness and clarity, interviewing techniques; interviewer effects, other pitfalls.
- 09/18 Independent variables: Political knowledge and socialization; political ideology; Party identification; democratic values; socioeconomic status, race and age; religion, region and gender; polls and elections.
- 09/25 Wrap-up: What does it all mean?

12:00 NOON TO 1:00 PM BREAK

1:00 PM TO 3:00 PM

Coordinator:
Millie Starr



WRITING IT DOWN: Be inspired to share your writing efforts in an encouraging and supportive classroom setting. Class members write at home about anything they want, and they share what they write in class when they are ready.

The goal of the class is to support one another in the writing process and learn by doing. Come and join our writing community as a writer or listener.

8:30 AM TO 9:30 AM

Coordinators: Rudy Serrato & Vickie Morales

YOUNG AT HEART: A strength-training program designed specifically for older adults followed by Qigong. You may sit or stand, depending on your physical ability. The program follows the guidelines of the Presidential Fitness Award.

10:00 AM TO 12:00 NOON

Coordinator:
Dorothy Winke



WHAT IN THE WORLD?: Have you ever watched TV or read a news paper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? *What in the World?* is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of a new class facilitator each five week session. A number of class members have real expertise to lend to a number of discussions. Learn something new every day. Come join the camaraderie.

12:00 NOON TO 1:00 PM BREAK

1:00 PM TO 3:00 PM

Coordinator:
Ron Rutschman



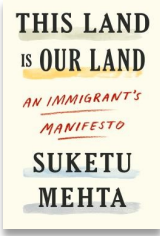
FOLK MUSIC: This genre Includes traditional folk music and the genre that evolved from it during the mid-Twentieth Century. Traditional folk music has been defined in several ways: as music transmitted orally, music with unknown composers, or music performed by custom over a long period of time. In this class we will explore the history of folk music and then focus on the music and artists we grew up with in the 1950's and '60's. We can sing.

- 08/29 1) **Historical Overview** – Dorothy Ford; 2) **American Pioneers Woody Guthrie and Pete Seeger** – Ron Rutschman
- 09/05 1) **The '60's Folk Revival** – Ron Rutschman; 2) **Bob Dylan** – David Froba
- 09/12 1) **Joan Baez and Simon and Garfunkel** – Clifford Parker; 2) **The Groups: Peter. Paul and Mary & The New Christy Minstrels** – Bruce Gallmeyer
- 09/19 1) **Modern Folk Artists** – Ron Rutschman; 2) **Sing Along** – Elaine Gorman, Linda McFeters, Tom Ackerman

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1:00 PM TO 3:00 PM

Coordinator:
Carol Sullivan



MICL BOOK CLUB SELECTION: THIS LAND IS OUR LAND BY SUKETU MEHTA
Moderated by Frances Lopez

A timely argument for why the United States and the West would benefit from accepting more immigrants. There are few subjects in American life that prompt more discussion and controversy than immigration. But do we really understand it? In *This Land Is Our Land*, the renowned author Suketu Mehta attacks the issue head-on. Drawing on his own experience as an Indian-born teenager growing up in New York City and on years of reporting around the world, Mehta subjects the worldwide anti-immigrant backlash to withering scrutiny.

As he explains, the West is being destroyed not by immigrants but by the fear of immigrants. Mehta juxtaposes the phony narratives of populist ideologues with the ordinary heroism of laborers, nannies, and others, from Dubai to Queens, and explains why more people are on the move today than ever before. As civil strife and climate change reshape large parts of the planet, it is little surprise that borders have become so porous. *This Land Is Our Land* is a timely and necessary intervention, and a literary polemic of the highest order.

MEETS SEPT 26 1:00 PM

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10:00 AM TO 12:00 NOON

Coordinator:
Jim Pack



FRIDAY AT THE MOVIES:

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places.

Discussion encouraged but not required. Details of the movies are posted just before the semester starts.

- 08/30 To Kill a Mockingbird
- 09/06 Elmer Gantry
- 09/13 Inherit the Wind
- 09/20 Lilies of the Field
- 09/27 Hidden Figures

EVENT SCHEDULE

Session A starts	Aug 26		
Curriculum Committee	Sept 4, Oct 2	3:15 pm	Office
Board Meeting	Sept 11, Oct 9	3:15 pm	Office
Birthday Lunch	Sept 20, Oct 18	1:00 pm	Mimi's
Potluck	Sept 26	11:30 am	Classroom
Book Club	Sept 26	1:00 pm	Classroom
Session A ends	Sept 27		
Trips	Trip details on Pg 7		

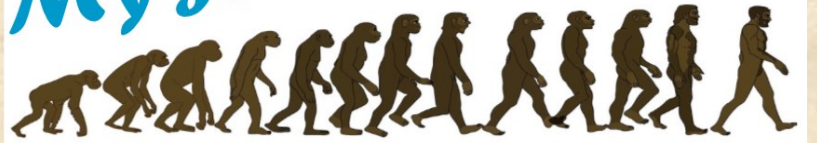


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TUESDAYS 10:00 TO 12:00 FALL SESSION A



Mysteries of HUMAN EVOLUTION



Coordinator: **Debra Bolter, PhD**
MJC Faculty Member

MJC Anthropology Professor Debi Bolter: PhD in Anthropology, University of California, Santa Cruz; MA and BA in Anthropology, University of California, Santa Cruz; MA in Anthropology University of California, Riverside.



AUG 27: Introducing Human Evolution: 5-2 million years ago in Africa--Landscape, Selective Pressures and Australopiths.

This lecture will explore our hominin origins, the selective pressures that shaped early species, and ways in which paleoanthropologists reconstruct their ecology, diet and life ways. Casts will be available for demonstration, "Lucy" from Ethiopia, "Karabo" from South Africa, and "Nutcracker Man" found by Mary Leakey at Olduvai Gorge, Tanzania. Bring your questions about human evolution!

SEPT 3: *Homo erectus* and beyond: Asia and Europe Expansion, and More Exciting Developments in Africa.

This talk will give a broad overview of the last two million years of human evolution, new finds, and gaps in our knowledge of the human evolutionary tree. Two million years ago hominins expanded their range into both warmer regions of Asia, and into colder regions of Europe. "The hobbits" from Flores Island contribute to our understanding of the complex evolution of *Homo*. Inside Africa, new finds of *Homo naledi* at the Rising Star Cave are making paleoanthropologists redefine what makes us human. Casts will be available for demonstration, including *Homo habilis*, *Homo erectus*, and *Homo naledi*.

MJC Anthropology Professor Susan Kerr: PhD in Anthropology, UC Santa Barbara; Master of Arts Degree in Anthropology, UC Santa Barbara; Bachelor of Science Degree in Anthropology, UC Davis.



SEPT 10: Who Were the Neanderthals?

The Neanderthals are often considered by the public as the lesser relative of living humans; someone to pity rather than admire. Given recent ancient DNA studies that show many of us share some DNA with this fossil species, how can we reconcile this perception with our relatedness to Neanderthals? We will reflect on the ancient people we call Neanderthals as we examine the anatomy of the species, their lifestyles, and how they relate to modern humans.

CSU Stanislaus Anthropology Professor Sari Miller-Antonio: PhD in Anthropology, University of Arizona, Tucson; MA in Anthropology, University of Arizona, Tucson, AZ; BA in Geology, Colgate University, Hamilton, NY.

SEPT 17: Out of China's Earth: Ritual, Sacrifice and Social Identity in Shang Dynasty Burials.

The roots of Chinese civilization are deep and diverse. As early as the Neolithic (c. 8,000 years ago) there are tantalizing hints in the archaeological record of cultural developments we recognize as characteristically Chinese. Elaborate burial ritual and sacrifice is well-documented over vast regions of the dynastic realm. We'll examine the complex mortuary contexts, artifacts and skeletal biology from the Shang Dynasty site of Daxinzhuang to inform our understanding of the role of ritual sacrifice and the construction of social identity in this formative period of dynastic China.



MJC Psychology Professor Bobby Hutchison: MS Clemson University; MA Sam Houston University, Texas; BA in Psychology, University of Santa Barbara; Advanced Certificate in Distance Education, Indiana State University.

SEPT 24: Evolution, Disease and You: What Everyone Needs to Know about Natural Selection and Health.

This presentation will begin with a discussion of four key criteria that must be met in order for natural selection to operate. With that basic understanding, we will discuss human evolution in the context of health and disease, providing a basic introduction to evolutionary medicine. We will then discuss recent examples from the field of medicine in order to illustrate how understanding evolutionary biology is key to finding more effective treatments for some of our most challenging health problems.

CROCKER art museum



The Crocker Art Museum, formerly the **E. B. Crocker Art Gallery** is the longest continuously-operating art museum in the West. Located in [Sacramento](#), California, the Museum hosts one of the state's premier collections of Californian art. The collection contains works dating from the [Gold Rush](#) to the present day, a collection of master drawings, European paintings, one of the largest international ceramics collections in the U.S. and collections of Asian, African, and Oceanic art.

Join us!

Field Trip to the Crocker Art Museum in Sacramento

Friday September 27th

Lunch on your own

Bus leaves at 9:00 am returns 5:00 pm

Future Field Trips

October 26, 2019

Sausalito Bay Model Visitor's Center

December 7, 2019

Roaring Camp Steam Train up Bear Mountain to Festively Decorated Trees

Fun times at the Ice Cream Social

