



# The MI CL Letter

August 2020

Fall Session b

## ***Message from our President - Judy Moore***

### *Adventures In Learning*

Greetings, MICLites!

We are approaching the end of Session A, with its educational topics, stimulating discussion, and relaxing social time. I am continually amazed at the talents of our MICL members, who have traveled to unfamiliar territory, (Zoom presentations!) to bring us varied and interesting courses. Without the expertise of these members, we would not be able to continue with MICL as we know it. I thank them for their dedication and perseverance.

In order to access our Zoom technology, licenses were purchased for our “hosts” who set up the meetings and “invite” us to participate. We also have printing costs associated with keeping our members informed about classes. In past years, we have asked for a \$10 donation per member to pay for hospitality supplies and other expenses. The board asks that you consider donating to MICL to pay for our Zoom licenses and printing. I will be sending out a separate letter explaining how to do just that!

Please check out the B session classes. Some of our favorites return, we continue with the Constitution Class, and new sessions will be offered. We’d love to have you along on this journey!

Judy Moore, MICL President.





## FIELD TRIPS:

**No Field Trips Scheduled at this time  
We will advise when we are able to resume**

**SESSION B Classes:  
September 28 thru  
October 30**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>8:30 to 9:30 AM</b>					
<b>10 am to NOON</b>	 <b>Book Club</b>	 <b>Potpourri</b>	 <b>U.S. Constitution</b>	 <b>What in the World?</b>	 <b>Friday at the Movies</b>
<b>1 pm to 3 pm</b>		 <b>Social Hour</b>	 <b>Writing it Down</b>	 <b>Health and Fitness</b>	

### 2019-2020 BOARD OF DIRECTORS

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**ALL CLASSES ARE HELD  
ON ZOOM  
MONDAY THROUGH FRIDAY  
DURING FALL & SPRING SEMESTERS**

Dorothy Winke	Immediate Past President
Rita Perez	MJC Community Ed Specialist
MJC Community Education	209-575-6063
MJC West Campus address	2201 Blue Gum Avenue Modesto, CA 95358
<b>George Pettygrove</b>	<b>Founder</b>

MICLetter produced by Annette Alexander

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10:00 AM TO 12:00 NOON

Coordinator:  
Carol Sullivan



**BOOK CLUB:** The MICL Book Club will be meeting three times this Fall. Our meeting time and day have changed. We will be meeting on Mondays, at 10:00 am. All of our meetings will be held on Zoom, and you will be receiving an email invite prior to the meetings. As with all Zoom meetings, you will wait in a waiting room until the host lets you into the group. I hope some of these book titles will encourage you to join our discussion. We would enjoy your participation.

10/26 **“HENDERSON THE RAIN KING” BY SAUL BELLOW**

Saul Bellow evokes all the rich colors and exotic costumes of a highly imaginary African this acclaimed comic novel about a middle aged American millionaire who, seeking a new, more rewarding life, descends upon an African tribe. Henderson’s awesome feats of strength and his unbridled passion for life win him the admiration of

10:00 AM TO 12:00 NOON

Coordinator:  
Wayne Sicard



**POTPOURRI:** Potpourri is a mixture of classes with no overall theme or objective. Expect to be informed on any one of a number of subjects, from senior health issues to upcoming elections. Each class will be new and different, and provide an opportunity to learn and get questions asked and answered. Come see what’s going on, and enjoy some time with like-minded MICL members.

09/29 **David Froba** explains Propositions 15, 19, and 22.

10/06 Details for this session will appear in the Weekly Update for 10/05.

10/13 **Wendy Byrd** explains the importance of Propositions 16, 17, and 25.

10/20 **Dr. David Higgins** presents on forming an on-line support group.

10/27 **Mike Wade** presents on the work, projects and plans of the California Farm Water Coalition.

11/03 **Pirates:** Fact or fiction.

12:00 NOON TO 1:00 PM BREAK

1:00 PM T 3:00 PM

Coordinator:  
Diana Sicard



**SOCIAL HOUR:** If you are missing your friends during these days of social distancing, consider joining our MICL Social Hour. It’s fun, and it will lift your spirits more than you might imagine. Time spent talking and hanging out with people will lift your mood! Please join us!

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10:00 AM TO 12:00 NOON

Coordinator:  
**David Froba**



**U.S. CONSTITUTION:** In this 10 week course, retired attorney David Froba will lead us in a study and discussion of the U.S. Constitution. This 231 year old faded piece of parchment is very much alive. We will learn how it continues to affect our relationship with sex, drugs, rock and roll, God Allah, Jack Daniels, the interstate highway system, the bump stock, Facebook, cell phones, and yes, the coronavirus, among many, many other things.

12:00 NOON T1:00 PM **BREAK**

1:00 PM TO 3:00 PM

Coordinator:  
**Millie Starr**



**WRITING IT DOWN:** Be inspired to share your writing efforts in an encouraging and supportive classroom setting. Class members write at home about anything they want, and they share what they write in class when they are ready.

The goal of the class is to support one another in the writing process and learn by doing. Come join our writing community as a writer or listener.

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10:00 AM TO 12:00 NOON

Coordinator:  
**Dorothy Winke**



**WHAT IN THE WORLD?:** Have you ever watched TV or read a news paper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? *What in the World?* is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of a new class facilitator each five week session. A number of class members have real expertise to lend to a number of discussions. Learn something new every day. Join the camaraderie.

12:00 NOON TO 1:00 PM **BREAK**

1:00 PM TO 3:00 PM

Coordinator:  
**Johnnie Williams**



**HEALTH, FITNESS AND NUTRITION\***

- 10/01 #1 Paleo Diets and Ancestral Appetite
- #10 How Food Spreads Around the World
- 10/08 #14 Science and the Secret of Chocolate
- #15 Water: The Liquid of Life
- 10/15 #18 Coffee: Love or Addiction
- #19 The Roots of Tea
- 10/22 #24 Food as Medicine
- #23 Food as Recreational Drugs
- 10/29 #35 Should we be Powered by Plants
- #36 The Future of Food

\*To receive lecture notes prior to class email Diedre Bush: [wen4102jb@gmail.com](mailto:wen4102jb@gmail.com)

10:00 AM TO 12:00 NOON

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Coordinator:  
**Ron Rutschman**



**FRIDAY AT THE MOVIES:**

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places. Discussion encouraged but not required. Details of the movies are posted just before the semester starts.

10/02 **“China Town”** Jack Nickolson, Faye Dunaway

10/09 **“Master and Commander”** Russel Crowe

10/16 **“Stand By Me”** A Rob Reiner Film

10/23 **“Fiddler on The Roof”** Topol

10/30 **“The Candidate”** Robert Redford

**EVENT SCHEDULE**

Session B Starts	Sep 28 2020		
Curriculum Committee	Oct 13	3:05 pm	
Board Meeting	Oct 14	3:15 pm	
Book Club	Oct 26	1:00 pm	
Session B ends	Oct 30 2020		



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