



*Spring
2023
Catalog*

*Sessions A, B & C
January 17 - April 28,
2023*



The **Modesto Institute for Continued Learning** is an organization for retired people who wish to continue to learn new things, visit new places, and build new friendships. The class subjects change all the time, depending on our members interests. We are part of the Community Education division of Modesto Junior College, but a college degree is NOT required, EVERYONE IS WELCOME. We are men and women from ALL walks of life, please come join us!

Register In-Person: January 4, 9:00 am - 11:30 am

On-Line: MJC.edu > [Community Lifelong Learning](#)

**CLASSES ARE HELD
IN THE EL CAPITAN CENTER BUILDING
MONDAY THROUGH FRIDAY
DURING FALL & SPRING SEMESTERS
SUMMER No Mondays or Fridays
LOCATED ON THE WEST CAMPUS OF
MODESTO JUNIOR COLLEGE**

Session A: January 17, 2022 - February 17, 2023

MONDAY

Travels Around the World 10:00 am - 12:00 pm

Coordinator: Jerry Jackman

In this class we bring in MICL members and friends of members to tell us about their trips, near as well as far and wide. You can expect lots of great pictures, perhaps videos, and most of all, stories about the trips. In addition to the experience of virtually going along on these trips, you will learn how the trip was planned and other background information. For good reason, this course has consistently been the MICL class with the largest attendance. Come and see the world!

Thermodynamics 1:00 pm - 3:00 pm

Coordinator: Lance Krajewski

Thermodynamics translates to “heat in motion.” We will explore the concepts of thermal equilibrium, the equivalence of energy and work, entropy (a measure of disorder), the ideal gas law ($PV=nRT$), phases of matter, osmosis, chemical potential, and mixtures versus solutions. The underlying issue is temperature. Differences in temperature are a driving force for why things happen. We will try to understand why physical processes happen the way they do.

TUESDAY

MICL Meet Your Past 10:00 am - 12:00 pm

Coordinator: Judy Moore

MICL members have always shared their talents in presentations, organizational skills, and service to our club and community. Let's learn more about these members in ***MICL Meet Your Past***. Each session, two members will share their childhoods, education, careers, and life experiences. You will be amazed and entertained, while getting to know our MICL friends a bit

Social Zoom 1:00 pm - 3:00 pm

Coordinators: Wayne & Diana Sicard

If you're missing your friends during these days of social distancing, consider joining our MICL Social Zoom. It's fun, and it will lift your spirits more than you might imagine. Time spent talking to, and hanging out with people will lift your mood! Please join us!

WEDNESDAY

Understanding Russia: A Cultural History 10:00 am - 12:00 pm

Coordinator: Betty Stewart

In Session A, we move into the 21st century as we conclude this course on all things Russian. In particular, Session A will include discussions on the war with Ukraine as we try to connect the events that have resulted in the current conflict. Please join us as we learn about the people of this vast and complex country.

Writing It Down 1:00 pm- 3:00 pm

Coordinator: Joyce Starkey

Do you like to write? Do you have family stories you want to share with your grandkids? Do you like to write poetry? If you answered yes to any of these questions, come join our writing group. Write anything you like at home and bring it to class when you are ready to share. We will enjoy what you wrote and offer friendly feedback. Don't worry, sharing is always voluntary! If you are not sure, come and listen to check it out. Come and join our writing community of writers and listeners.

THURSDAY

Current Events 10:00 am - 12:00 pm

Coordinator: To Be Announced

Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? This class allows and encourages you to do just that. We discuss all kinds of issues and happenings, local, regional, statewide, national, worldwide, and occasionally universe-wide. You bring in the topic, introduce it, and we all discuss it with the help of our considerable collective expertise. We are very careful to respect the rights of all to express their opinions.

Wondrium: Selected Videos 1:00 pm - 3:00 pm

Coordinator: David Froba

MICL has often used videos from the Wondrium Courses (formally called The Great Courses). While generally excellent, the downside is that they often have multiple videos in a series that might not fit into our format. However, there are some single, stand-alone Wondrium videos that are an hour or an hour and a half long and are not a series. Further, they are often dealing with events of immediate interest. We will select one of them for each of the four classes in this course.

Potluck 11:30 am - 1:00 pm - Last Thursday of Sessions A & B

Session A Potluck February 16

Book Club 1:00 pm - 3:00 pm - Last Thursday of each Session

Coordinator: Carol Sullivan

We meet the last Thursday of each Session. We read a nonfiction book one month and a fiction book the next month. The book is suggested and selected by the group and will be moderated by the person that suggested the book title. Our group is open to everyone, even if you have not read or have previously read the book. Please feel free to join the group for any of the meetings. Keep Reading!

FRIDAY

Friday At The Movies 10:00 am - 12:00 pm

Coordinator: Noel Russell

Start your weekend relaxation with a film that will carry you away to other times and other places. Discussion encouraged but not required. The specific film each week will be announced in the group email weekly update.

Session B: February 21, 2023 - March 24, 2023

MONDAY

Travels Around the World 10:00 am - 12:00 pm

Coordinator: Jerry Jackman

Thermodynamics 1:00 pm - 3:00 pm

Coordinator: Lance Krajewski

TUESDAY

The Aging Brain 10:00 am - 12:00 pm

Coordinator: Bob Droual

The science behind the aging brain tells a fascinating—and often counterintuitive—story. Is “aging” a disease, or merely a natural occurrence that produces disease-like symptoms? If humans are biologically programmed to survive and thrive, why do we age at all? In this course you will gain new insights into what happens to the brain over time—as well as strategies to mitigate the effects of aging and enhance your quality of life into old age. The information you gain from **The Aging Brain**, will help you face the challenges of aging with comprehension and confidence, armed with knowledge to help you live a longer, healthier, and more enjoyable life.

Social Zoom 1:00 pm - 3:00 pm

Coordinators: Wayne and Diana Sicard

WEDNESDAY

Known and Lesser Known Facts of Black History 10:00 am - 12:00 pm

Coordinator: Johnnie Williams

Black History month, which is celebrated each year during February, is a chance for Americans to learn details of their nation's history that unfortunately are far too often neglected and pushed to the side. As the saying goes, "Black History is American History" and it's a varied and rich history.

Please join us as we share known and lesser known historical facts pertaining to events and contributions made by Black men and women who have shaped American History.

Writing It Down 1:00 pm - 3:00 pm

Coordinator: Joyce Starkey

THURSDAY

Current Events 10:00 am - 12:00 pm

Coordinator: To Be Announced

Great Decisions 1:00 pm - 3:00 pm

Coordinator: Richard Cato

Great Decisions is America's largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book, watching the documentary film series and meeting in a Discussion Group to discuss the most critical global issues facing America today. We meet on Thursdays at 1:00 pm beginning in B session and continuing through C session. This year's topics include Energy Geopolitics, Economic Warfare, Global Famine and Climate Migration. There is a charge for the Briefing Book.

Session B Potluck 11:30 am - 1:00 pm March 23

Book Club 1:00 pm - 3:00 pm - March 23

Coordinator: Carol Sullivan

FRIDAY

Friday At The Movies 10:00 am - 12:00 pm

Coordinator: Noel Russell

Session C: March 27, 2022 - April 28, 2023

MONDAY

Travels Around the World 10:00 am - 12:00 pm

Coordinator: Jerry Jackman

Amazing Birds 1:00 pm - 3:00 pm

Coordinator: Randy Mathews

Do you enjoy nature and learning more about it? Birds are among the most ingenious and adaptive of all animals, and a marvel of the natural world. We will be joining biologist and bird expert Bruce E. Fleury PhD. for his Great Courses/Wondrium series: The Scientific Wonder of Birds. We will learn about birds evolutionary history, the magic of flight, the mystery of migration and navigation, and much more about the remarkable lives and behaviors of birds. Whether you are an expert birder, or a complete newcomer, join us as we learn about these beautiful and amazing creatures.

TUESDAY

Careers 10:00 am- 12:00 pm

Coordinator: Roger Jackson

People choose their careers in various ways, all of which require time and attention, since the choice of a career is a critical and crucial decision which will affect an individual's life deeply. People may choose their careers based on various factors or parameters, but they are all important and key determinants.

Some of these factors are as follows: Education, Need, Aptitude, Job Satisfaction.

Please join us in learning about the careers of some of our MICL members.

Social Zoom 1:00 pm - 3:00 pm

Coordinators: Wayne and Diana Sicard

WEDNESDAY

Law School for Everyone 10:00 am - 12:00 pm

Coordinator: Diedre Bush

This course is presented in four parts: 1. Litigation and Legal Practice, 2. Criminal Law and Procedure, 3. Civil Procedure, and 4. Torts. The first section is covered in the Spring Semester Session C. The remaining sections will be in the Summer Semester.

Section One explains litigation and the adversarial system in American law, **a)** the legal system generally, the place of law and lawyers in our history and society, **b)** how to think like a lawyer, matters of precedent, textual analysis, inductive and deductive logic, logical fallacies, and the use of analogy, **c)** practical and ethical issues of the attorney-client relationship, why a lawyer might want to represent a seemingly guilty person, and what to do if a client asks her to break the law, **d)** pretrial preparation, jury selection, opening statements, direct examination, cross-examination, and closing arguments, **e)** the impact of media coverage and social media in the courtroom, **f)** types of evidence submitted in trial, **g)** handling common objections, false confessions, mistaken eyewitness identification, and flawed expert testimony, **h)** the appeals process and effective advocacy in appellate courts vs. in trial courts. Finally, the United States Supreme Court—its history, its function, the challenges, and opportunities that it presents for the American people.

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Coordinator: Richard Cato

FRIDAY

Friday At The Movies 10:00 am - 12:00 pm

Coordinator: Noel Russell

Birding Near Home 1:00 pm - 3:00 pm

Coordinator: David Froba

This class will work in tandem with Randy Matthews' class, "Amazing Birds", on Monday afternoons. Randy will focus on amazing facts about birds, in general. But in this class we will focus on bird identification, and more specifically, on identification of birds in our local area. In each class we will study about 10 different species of birds. Then, on the weekend following each class, we will go out to a nearby natural area and try to find these ten species. We will also find bonus birds that we haven't studied and identify them in the field. David Sibley's "Field Guide to Birds of Western North America" is recommended but not required. It would also be good to watch the video "Wings Over Our Two Counties" on Netflix before the class.

Weekly Update: Details of the daily classes, the weekly movie, and all events and activities appear in the Weekly Update. This is emailed each Friday, with a printed version available in the classroom each Monday.



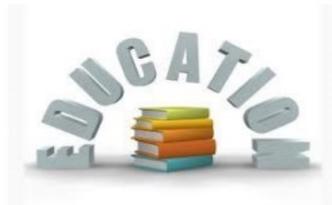
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