

## **Weekly Update Fall Semester Session B September 30 - October 4, 2024**

WEBSITE: [micl-online.org](http://micl-online.org)

FACEBOOK: Enter MICL in search field then at site click on +Join Group.

### **Monday, September 30, 10:00 AM - NOON: MICL TRAVEL**

Coordinator: **Lynn Hansen**

Presenter - Jerry Jackman

India - South India doesn't get many American tourists. Yet it is a colorful, distinctive, and surprisingly inexpensive part of the vast country. So, after 3 weeks in Sri Lanka, Sandy and Jerry took 4 weeks to experience the ancient peoples and states of Tamil Nadu, Kerala, and Karnataka. Much had changed since they were last there in 2006. Come see the unique amazing temples and modern changes that drew them back.

### **Monday, September 30, 1:00 PM - 3:00 PM: IMPROV FOR THE SENIOR BRAIN**

Coordinator: **Lorrie Freitas**

In this class we will look at what you are doing 'with your one wild and precious' brain. We'll do exercises to experience your imagination, thought process and emotions. Researchers say that doing "Improv Activities" might help brain connectivity, boost creativity and confidence, decrease stress and help express ideas and emotions. We won't promise the moon but we invite you to be engaged in an interactive, explorative life experience.

### **Tuesday, October 1, 10:00 AM - NOON: INDIA**

Coordinator: **Jerry Jackman**

The dedicated endorsement of class attendees keeps us plowing deeper into Professor Fisher's lectures. This week it's the fertile origins and rise of two religions, Jainism and Buddhism. You will be enlightened. Comments and questions are particularly welcome from those who have not spoken. Let's toss the speaker box around!

This week it's "The Mauryan Empire". Following rousing discussion and our break Professor Fisher expounds on "Ashoka's Imperial Buddhism".

### **Tuesday, October 1, 1:00 PM - 3:00 PM: ENJOYING THE PERIODIC TABLE**

Coordinator: **Jerry Landrum**

My goal is to look at and appreciate the scientific process as it takes us, over the period of 200 years, from Earth, Wind, Fire, and Water to the 118 chemical elements we recognize today. I was privileged to be part of a scientific consortium of Russian and United States Scientists that produced and observed Elements 113 thru 118. I get to claim partial credit for 116Livermorium, and 118Oganesson, as my name appears as a co-author on the definitive publication recognized by the International Union of Pure and Applied Chemist (IUPAC).

## **Wednesday, October 2, 10:00 AM - NOON: DEMOCRACY & ITS ALTERNATIVES**

Coordinator: **Betty Stewart**

Presenter: Dave Froba

1st Hour: "Are Courts & Constitutions Democratic?"

2nd Hour: "The Controversial Politics of Central Banks"

## **Wednesday, October 2, 1:00 PM - 3:00 PM: WRITING IT DOWN**

Coordinator: **Joyce Starkey**

Do you like to write? Do you have family stories you want to share with your grandkids? Do you like to write poetry? If you answered yes to any of these questions, come join our writing group. Write anything you like at home and bring it to class when you are ready to share. We will enjoy what you wrote and offer friendly feedback. Don't worry, sharing is always voluntary! If you are not sure, come and listen to check it out. Come and join our writing community of writers and listeners.

## **Thursday, October 3, 10:00 AM – NOON: CURRENT EVENTS**

Coordinator: **David Froba**

Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? "Current Events" is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of our collective expertise. We are very careful to respect the rights of all to express their opinions.

## **Thursday, October 3, 1:00 PM - 3:00 PM - MYSTERIES OF HUMAN BEHAVIOR**

Coordinator: **Jim Pack**

Why do people behave the way they do? Understanding the Mysteries of Human Behavior, by psychologist and professor Mark Leary, is your guide to the latest theories and research from psychology and other behavioral sciences on this age-old question. Understanding the answers will help you better know yourself and the people around you. With the powerful insights you'll find in these Wondrium lectures, and in our class discussions, you'll be looking at your own and other people's behavior with a little more insight, curiosity, and wonderment.

## **Friday, October 4, 10:00 AM - NOON: FRIDAY AT THE MOVIES**

Coordinator: **Noel Russell**

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places. Discussion encouraged but not required.

## **Of Mice and Men**

In Depression-era California, two migrant workers dream of better days on a spread of their own until an act of unintentional violence leads to tragic consequences. (110 minutes)

## **FUTURE MICL EVENTS**

**Friday, Oct 11th at 1:00 p.m. - Special Speaker Donna Linder, Clerk-Recorder and Registrar of Voters for Stanislaus County**

**Friday, October 18, 1 PM - MICL BIRTHDAY LUNCHEON**



We will gather at Mimi's on October 18th at 1 PM. Let Dorothy Winke know you are coming, by sending a text message to her at 209-499-2129, or easier still, tell her in person at MICL. Be sure to remind her if it is your birthday month so you can receive a free dessert provided by Mimi's.



# Pizza, Salad\* Session B & Preview

*\*To replace our usual Potluck  
(due to our lack of access to kitchen  
supplies at our current temporary location)*

At MCL  
John Muir 265  
Thursday,  
Sept. 26,  
at 11:30

***Click on link to RSVP by Friday, Sept 20th.  
Pay \$10.00 Per Person at the Door on Sept 26.***