

Weekly Update Fall Session C November 3- November 7, 2025

WEBSITE: micl-online.org

FACEBOOK: Enter MICL in search field then at site click on +Join Group.

Monday, November 3, 10:00 AM - NOON: TRAVELS

Coordinator: **Alene Griffin and Dorothy Winke**

Everything to do with travel is in this course, including faraway and local trips taken by MICL members, guest speakers who have visited exotic countries, tips on how to travel and how to use your camera, and exploring countries we may never travel to. Photos, videos, and most of all great stories are the core of this fun course. Come and experience the world with us!

1st Hour Presenters: Chuck and Marilyn Rowland - Travels on Land & Water in Vietnam, Cambodia & Laos

2nd Hour Presenters: Alene and Scott Griffin - Travel to Argentina, Patagonia, and the Falkland Islands

We flew to Buenos Aires, and after visiting that beautiful city, we embarked on a cruise which took us to the Falkland Islands, Elephant Island, Ushuaia (the southernmost city in the world) and stops along the coast of Patagonia. Among the most interesting of our day trips were visits to penguin colonies, namely King penguins in the Falklands and Magellanic penguins in Patagonia. Our cruise ended with a visit to the colorful city of Montevideo in Uruguay.

Monday, November 3, 1:00 to 3:00 PM - OVERVIEW OF ORGANIC CHEMISTRY

Coordinator: **Scott Griffin**

This week we will briefly review the nomenclature and structures of alkanes and cyclic alkanes. Professor Davis's lecture will cover hydrocarbons which have double and triple bonds, known as alkenes and alkynes, respectively. In the food science series Dean Russin will discuss the science of starch and give insight into the reason why the paella was cooked with a short-grained (Calasparra) rice.

Tuesday, November 4, 10:00 AM - NOON: THE MONGOL EMPIRE

Coordinator: **Jerry Jackman**

The Mongolian Empire fragmented long before it collapsed in the latter half of the 14th century. In the extreme West, the Mongols faced the revenge of the Magyars of Hungary. Thousands of miles to the Southeast, they contended with the Vietnamese, who had long struggled to remain independent of the Chinese. We will enliven the class with the music of a Mongolian Band.

Tuesday, November 4, 1:00 to 3:00 PM - NUTRITION MADE CLEAR

Coordinator: **Ed Padilla**

Sources of Nutrition, Our Underappreciated Digestive System, It's All about Calories

Wednesday, November 5, 10:00 AM – NOON: THE VIKINGS AGE

Coordinator: **Duane Nelson**

This is a course on the influence of the Vikings, who came out of the North lands before the Scandinavian countries were Christianized. Our image of the Vikings is of a wild, out-of-control group, who raided, pillaged, raped and killed. This course is their story: How the Vikings added to settlement and international trade in England, Ireland and France; East into East Europe and Russia; South into the Mediterranean; and West through Iceland, Greenland and the Americas, long before Columbus. We explore that the Vikings pre-dated and contributed to a united world.

1st Hour: The Viking Age Begins

2nd Hour: The Viking Homelands

Wednesday, November 5, 1:00 - 3:00 PM: WRITERS AND READERS

Coordinator: **Joyce Starkey**

If you like to write, bring anything you've written to share with the group. It can be memoirs, poetry, non-fiction, fiction, an editorial, a travel piece, etc. We'll enjoy hearing it and discussing it.

If you like to read, when you come across something you feel to be especially good - like a descriptive phrase, or how the book was started - bring it in to share. You can also bring a favorite poem or share something from a favorite author. If what you want to share is in a printed format, taking a photo of it with your phone is a quick and easy way to capture it.

We hope you come and share with us on Wednesday afternoons.

Thursday, November 6, 10:00 AM – NOON: CURRENT EVENTS

Coordinator: **Dorothy Winke**

CURRENT EVENTS: Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? "Current Events" is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of our collective expertise.

Thursday, November 6, 1:00 - 3:00 PM: WHAT IFs IN AMERICAN HISTORY

Coordinator: **David Froba**

It is fascinating to think what might have happened in history if it didn't actually occur as it did. Of course, there are no answers, but there is the opportunity for a very interesting discussion. We will deal with the following topics: What if.... General Lee had won at Gettysburg, Lewis and Clark had vanished, the Allies had lost World War II, the Soviets got to the moon first, the Constitution had not passed, Columbus never fumbled across America, Lincoln had not

issued the Emancipation Proclamation, the Salem witch trials had not happened, the slave revolt of Nate Turner had succeeded, or if JFK had survived.

Friday, November 7, 10:00 AM - NOON: Friday at the Movies

Coordinator: **Noel Russell**

Start your weekend with a film, related to our current classes, that will carry you away to other times and places. After the movie, those who wish gather at a local eatery for lunch and discussion. The movie details are posted in the Weekly Up-date on the prior Friday.

Vikings: Journey to New Worlds

Follow the Vikings as they set out in search of new lands. Re-enactments and digital graphics also show the Vikings daily life, events, and the techniques that propelled them into history. (62 minutes) AND

The Viking Deception: The Truth Behind the Vinland Map

A documentary on the controversy surrounding the authenticity of the Vinland map, which identified a large island in the Atlantic Ocean labeled "Vinilanda insula." The Vinland map predates Columbus's voyage by about fifty years and could offer proof that the Vikings discovered the New World. (53 minutes)

Future MICL events

Saturday, November 15 - MICL Field Trip to The Million Dollar Quartet Christmas - see flyer below

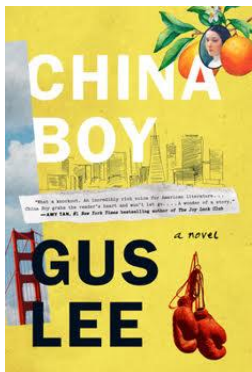
Friday, November 21, 1 PM - MICL BIRTHDAY LUNCHEON-Celebrating November and December Birthdays



We will gather at Mimi's on November 21st at 1 PM. Let Dorothy Winke know you are coming, by sending a text message to her at 209-499-2129, or easier still, tell her in person at MICL. Be sure to remind her if it is your birthday month so you can receive a free dessert provided by Mimi's.

Thursday, December 11, 1:00 PM - 3:00 PM - MICL BOOK CLUB

Coordinator: **Arleen Alsup**



China Boy is a 1991 work of autobiographical fiction by Gus Lee. Lee has confirmed that the book is a thinly veiled memoir of his early years, growing up as the child of Chinese immigrants in San Francisco's Panhandle neighborhood. He changed names and diminished his father's role in the story, but most details are otherwise true to his memory of events and circumstances. Today, Lee is an American author, legal adviser, and ethicist.

MICL FIELD TRIP

SATURDAY, NOVEMBER 15th
2:00 P.M.



SEATS ARE \$30 EACH

SIERRA REP Theatre, 13891 MONO WAY SONORA CA. 95310

Deadline to pay: October 20 th

MAKE CHECK PAYABLE TO: MICL

MAIL CHECK TO: DAN GORMAN

2215 EL CAPITAN

TURLOCK, CA. 95380

Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley come together again to celebrate the holidays in a knock-out Holiday musical experience! Please join us !

NOTE: Dinner at Standard Pour – 4:30 p.m.

CALL Dan Gorman if you want to be included in the dinner reservations. 209-404-3799

MICL FIELD TRIP

SATURDAY, DECEMBER 6 th
2:00 P.M.



It's Christmas Eve, and the Ebenezer Scrooge is visited by three spirits who encourage him to change his miserly ways.

SEATS ARE \$30 EACH

**FALLON HOUSE Theatre, 11175 WASHINGTON STREET,
COLUMBIA, CA. 95310**

Deadline to pay: November 22nd

MAKE CHECK PAYABLE TO: MICL

**MAIL CHECK TO: DAN GORMAN
2215 EL CAPITAN
TURLOCK, CA. 95380**

NOTE: Dinner at STANDARD POUR – 4:30 p.m.

CALL DAN GORMAN if you want to be included in the dinner reservations. 209-404-3799 → NO LATER THAN NOVEMBER 22nd.