

## **Weekly Update Summer Session June 17 - June 19, 2025**

WEBSITE: [micl-online.org](http://micl-online.org)

FACEBOOK: Enter MICL in search field then at site click on +Join Group.

### **Tuesday, June 17, 10:00 AM - NOON: THE MEANING OF LIFE**

Coordinator: **James Pack**

MEANING OF LIFE: PERSPECTIVE FROM THE WORLDS GREAT INTELLECTUAL TRADITIONS: Guided by a passionate and thorough professor, this intellectually gripping course offers a rigorous and wide-ranging exploration of what various spiritual, religious, and philosophical traditions from both the East and the West have contributed to our history.

### **Tuesday, June 17, 1:00 to 3:00 PM - IMPROV (June 3 - July 1)**

Coordinator: **Karen Conway**

IMPROV: For five weeks, we'll learn how the benefits of Improv can help improve quality of life for seniors and others. We'll hear from experts and performance artists and find out why Improv is becoming a universal cognitive tool as well as being a great way to create a lot of fun! The goal is to enhance a Yes/And attitude and train our thoughts and conversations toward more Win/Win scenarios. In every two hour session, we'll practice some of these techniques through spontaneous and interactive experiences. With time, we may even develop short "scenes" and "skits" based on word suggestions and concepts...all in very non-threatening and non-judgmental ways. Active participation is hoped for, but not mandatory, although you may not be able to resist once we start the warm-ups.

### **Wednesday, June 18, 10:00 AM – NOON: LANGUAGE FAMILIES OF THE WORLD**

Coordinator: **David Froba**

Here's a video of a song using an African click language: <https://youtu.be/rjo8h5qLpU0> Its words seem so completely foreign. But the song itself is so human, so beautiful, so relatable, so not foreign. The appreciation of that mystery is part of what this course is all about.

Humans left Africa about 70,000 years ago. By that time, language had almost certainly become quite developed in human beings. So, the first language was African. Our Professor McWhorter thinks it may be that it may have been like one of these click languages.

There exist only about 800 total sounds used in the languages of the world. If you know how to pronounce those 800 sounds, you may not be able to understand what you are saying, but you are capable of correctly saying a word in any language. It's all a question of using your tongue, throat, mouth and lips. Purely anatomical and learnable. However, some sounds are harder than others. Certainly, the clicks are among the hardest. But, in this class, we will learn how to say the five clicks. So, if you can learn to say a click, you can learn to say anything.

Then we will move north in Africa to the Niger-Congo family of languages. Lots of fun things to learn there too.

## **Wednesday, June 18, 1:00 - 3:00 PM: WEDNESDAYS AT THE MOVIES**

Coordinator: **Noel Russell**

Start your mid-week relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places. Discussion encourage but not required. Details of the movies are posted just before the summer session starts.

### **Going in Style**

This comedy is the story of three senior citizens who live together in Astoria in Queens, NY. They barely get by on social security and pass the time feeding pigeons in the park. Then they come up with a scheme to rob a bank.

## **Thursday, June 19, 10:00 AM – NOON: CURRENT EVENTS**

Coordinator: **Dorothy Winke and David Froba**

CURRENT EVENTS: Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? “Current Events” is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of our collective expertise.

## **Friday, June 20, 1 PM - MICL BIRTHDAY LUNCHEON**



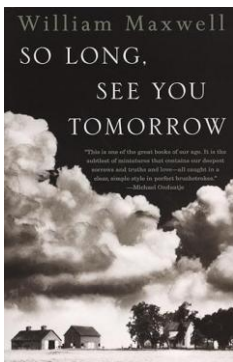
We will gather at Mimi's on June 20th at 1 PM. Let Dorothy Winke know you are coming by sending a text message to her at 209-499-2129, or easier still, tell her in person at MICL. Be sure to remind her if it is your birthday month so you can receive a free dessert provided by Mimi's.

### **Future MICL Events**

## **Wednesday, July 2, 1:00 PM - 3:00 PM - MICL BOOK CLUB**

**Note: This class will be on a Wednesday, not a Thursday**

Coordinator: **Arleen Allsup**



### **So Long, See You Tomorrow by William Maxwell.**

This spectacular, short novel looks at a long-ago crime and a grown man's often faulty memory of it. It also explores the guilt the man feels about the way he treated a close friend when both were teenagers. This is a wonderfully written book. William Maxwell was the fiction editor of “The New Yorker” for forty years. He has written many short stories and other novels. “This is one of the best books I have ever read. It has been called ‘A small perfect novel’,” John Updike

# MICL FIELD TRIP

SATURDAY, JULY 19<sup>TH</sup>

2:00 P.M.

SEATS ARE \$30 EACH

Playing at the Fallon House Theatre, 11175 Washington Street, Columbia, CA  
In Historic Columbia, CA



**Follow the Yellow Brick Road to Sierra Rep's Magical  
Summer Musical!**

**Deadline: June 30th**

**MAKE CHECK PAYABLE TO: MICL**

MAIL CHECK TO: DAN GORMAN

2215 EL CAPITAN

TURLOCK, CA. 95380

**NOTE:** Dinner afterwards at Standard Pour Restaurant at 4:30 p.m.  
Let Dan know if you want to be included in the reservations.